THE ETERNAL WAY

- 1. It is not possible for you to be as someone desires you to be! ...you can only be as you desire to be! ...therefore, by design or default, you are as you have chosen to be! ...is that how you desire to be and live eternally? ...if not, then, "Do unto others as you would have them do unto you", as a very ancient teaching and code of conduct that predates its appearance as the Golden Rule in the Bible, offers you an alternative!
- 2. Obviously, this is not a code of conduct that will get others or the universe to respond to you in ways you truly desire! ...this teaching does not destroy "evil" in the world and create only good! ...it does not end judgments! ...and it does not create righteousness or compassion within you, ...so what is the value of this teaching?
- 3. Actually, this is not a code of conduct ...it is a code of self-creation! ...for, following this teaching enables you to bring yourself alive as you truly desire to be! ...and this makes you the creator and revealer of your self and life ...and the revelator of your eternalbeing! ...revealing the truth of yourself!
- 4. Every belief, thought, attitude, emotion, word, and action ...and every experience reveals you! ...but this teaching brings you alive as you choose ...so you can be as you say you truly desire! ...and constantly, consistently, and fully experience yourself in that way!
- 5. This teaching enables you to be alive and experience life as you truly desire, regardless of the world around you ...for in this you create and live in the presence of this code!
- 6. This alone is "love"! ...for, as there is no way for you to be as someone desires you to be, you cannot do for others as they desire from you ...only as you desire from yourself!
- 7. 9s this selfishness? ...is it "wrong" to be so self-concerned? This selfness is the only way you can fully be, express, and experience as you truly desire ...and not be selfish! ...and this creates the presence of your self and life as you truly desire ...as well!
- 8. And should you choose to be awarefully alive and realized eternally, choose now to do unto others as you would do eternally ...and have them do eternally unto you, ...for, in this, you reveal and live in communion with your being eternal.

- 9. These actions do not compose you! ...they bring you alive and reveal you as you already are ...so you can be eternal as you truly desire, experience yourself along the way, and express your being eternal in different ways ...should you choose to do so.
- 10. Until you stand fully in the presence of this teaching, you will never be and present the eternalself and life you truly desire!
- 11. Actually, eternal is the reality, essence, and substance of your being! ...and this teaching enlivens and reveals your true identity as you have chosen! ...are you up to lifeing and living yourself as you truly are?
- 12. Your beliefs, thoughts, attitudes, emotions, words, and actions ...and all of your experiences express your enlivened eternalself, they do not compose you or judge you! ...nor do they reward you or condemn you! ...they remind you of your true identity! ...but this enlivening expressing revealing of your trueself requires the presence and communion of your mortalself eternalself!
- 13. For you, do unto others as you would have others do unto you exists and functions between right....wrong, between good.....evil, between desirable... ...undesirable, ...and destroys all such matters as opposing dualities!
- 14. Are you also beginning to understand how the universe is to you as you are to the universe stands between all dualities as well? ...to reveal you? ...so you can truly enliven, express, and experience yourself as you are? ...this is a genuine and reliable expression and revelation of your eternalself ...not a judgment of yourself!
- 15. You are always free to choose the self you desire to be ...and know and live that self! ...no judgments or "right choices" are required!
- 16. Do not, in any way, set your mortalself in opposition to your eternalself ...or your personalbeing in opposition to your privilegedbeing... for they alone reveal the truth of yourself! ...and offer you a reliable way to express and experience yourself!
- 17. If you understand this, you are beginning to see that your eternalself is not within you ...its presence is all around you in everything you believe, think, attitude about, feel, say, and do, ...are you now interested in learning more about this eternal way?
- 18. Clearly imaging everything you are reading, listening to, and understanding is the first step (Book 30) by which you open your awareness to the eternal way (Book 31) ... and to the realization that you and life are quite different and far-more-expansive than you ever realized! ... to be consciously and visually aware of this ... and live your self and life accordingly is to be born anew! ... not born into an unknown-unknowable

spirit or spiritual life and world, but born expansively anew in the eternal nature of all things! [Book 15]

- 19. The second step is your constant association with others who are following the eternal way ...and with those who are interested in hearing more about these awarenesses and realizations from you ...and especially hearing you describe your own visions and experiences, ...so those others may also live anew the eternal way! ...if only for a moment through your words and descriptions.
- 20. Are you willing to let others see and experience their eternalself and life through your visions and actions ...and experiences?
- 21. The third step of the eternal way is imaginative-minding ...and awareness of matters never experienced before [1A56-60].
- 22. The fourth step is intense contemplation of these never-before-experienced-matters as desirable eternal aspects of your self and life!
- 23. What, between the "dualities" of right... ...wrong and good... ...evil are you creating and lifeing for yourself? What access (Book 30) between dualities have you found there? Beyond the distinction of awarefully lifeing your eternalself and nature once again, what is the meaning and purpose of your self and life today ...do you know?
- 24. The fifth step of the eternal way is awareful application of these eternal realizations in every aspect of your self and life today!
- 25. These simple steps will set you on a journey back to your eternalself! ...and to your truly expansive life and awareness you had forsaken and abandoned a long time ago!
- 26. None of this is spiritual! ...it is all real and available beyond what you have ever experienced before!
- 27. The aim of the eternal way is to release your life from being a meaningless journey ...and make it a true destination once again! ...a destination of realizing and lifeing your eternalself and nature again ...and living awarefully anew as you eternally desire!
- 28. Life as a journey or process, especially as a godly process, not as a destination, stole meaning and purpose from you! ...it is up to you now to give meaning and purpose back to life! [Book 14]
- 29. Are you willing to take back your eternally meaningful self and life and purpose again? ...and live anew?
- 30. Meditation is a process! ...imaginative-minding is an awareful and desirable destination ...and achieving a destination! ...a destination of memorying a familiar

eternalself and life again! Those who told you that life is a journey or process ...not a destination, did you a terrible disservice!

- 31. We have constantly spoken of your eternalself and life, about communion and presence, and about meaning and purpose, but very few of you have made any real effort to acquaint yourself with these things except as something to talk about! ...and maybe to eventually realize and achieve! ...but, in the meantime, you keep denying yourself in order to endure living "as usual", ...does it really make any sense to continue in these ways?
- 32. Does temporary survival make any sense? ...and is survival without ultimate meaning or purpose of any desired value? ...what presence is most appealing to you? ...and does day-to-day meaning and purpose have any real meaning and purpose for you?
- 33. Life is truly a destination! ...a destination of bringing you to yourself again! ...to an awareness and realization of yourself! ...to an actual eternalself-experience! ...however, the choice is all yours ...to live this destination or continue a meaningless journey!
- 34. Your eternalself can be enlivened and expressed right now! ...and directly! ...for your eternalself is a living being that has presence all around you, ...so don't begin by looking within!
 - 35. Your eternalself is closer than breathing! ...and is as vital to you as breathing!

After many years of being ever-faithful, controlling his desires, overcoming a demanding ego, performing suggested rituals and ceremonies, being a loving partner, doing good works, and releasing physical limitations through prayer and meditation ... a seeker sought out an exceptionally wise holy man and asked him to reveal "the pathway to enlightenment and the key to eternal life."

The holy man, sensing the earnestness behind the request ...and without a word, took this new disciple to a nearby river ...where they waded waist deep into the icy water, ...then, almost in a single motion and without speaking, the holy man suddenly whirled around and horced the initiate's head under the water ...and held it there.

Despite the student's desperate struggles to get free, the holy man held tightly ...until, ...finally, when the newcomer's lungs were about to burst, the holy man brought the seeker's head to the surface ...where he desperately gulped in the life-giving air.

After a brief moment of recovery, the holy man asked, "While 9 held you under water, ...what did you want most of all? Was it enlightenment and the key to eternal life?"

"What did 9 want?!" the young man said incredulously, "9 wanted air! ...nothing else mattered, ...but 9 had to get free of your grasp!"

"That's certainly so," the holy man declared knowingly, "...and when you want enlightenment and the key to eternal life as strongly as you wanted air, you will have them,

...but you must free yourself from the deadly hold that judgments and misbeliefs have upon your mind, ...just as 9 gripped your head."

- 36. The same is true of your eternalself and life! ...until you truly desire them ...as completely as the initiate desired air, they will elude your awareness and realization, for you have chosen undesirable beliefs, thoughts, attitudes, emotions, experiences, and ways ...and you continue living them ...such that, now, they create the entire presence of your self and life ...and have become unwelcome disturbances in your mind and body and life.
- 37. Forsaking awareness of your eternalself and life ...and continuing these disturbances in your body and life are moment-by-moment choices! ...they do not come from previous choices or experiences! ...from bad judgments! ...or from improper thinking!
- 38. Your problems in forsaking your eternalself and struggling with disturbances and afflictions were not given to you as tests or lessons ...or trials to endure! ...in fact, they were not given to you at all, for you alone are the creator and sustainer of your burdens and losses! It is your mental-inertia that chooses to endlessly re-create these undesirable aspects of your self and life! ...instead of lifeing and living yourself in communion with your eternalself.
- 39. By holding onto previous beliefs and ways through memories ...and the experiences they spawn, you alone withhold meaning and purpose from yourself!
- 40. But, you are the eyes and hands of your eternalself! ...therefore, it is foolisk to go through life only speaking of eternalbeings ...and hoping someday to meet your eternalself!
- 41. The eternal way is not based on the things you know and have frequently experienced, it is founded on matters you do not know and have not experienced or realized awarefully for a long time!
- 42. Though you don't seem to realize it, eternal is the true foundation, presence, and reality of your being! ...and imaginative-minding [3E] is the access key (Book 30) and creative power of yourself!
- 43. Much like a tree falling alone in the forest, you give voice to that tree ...or it remains silent! [1A53] ...in the same way, you give voice to your eternalself ...or it too remains silent and in the background ...with little meaning or purpose! ...is that any way to treat a faithful companion?
- 44. Awakening you to the omnipresence of your eternalself is the "work" of the eternal way!

- 45. All that is natural by memory is eternal! ...do you believe it is at all possible for what is personal and individual by memories to be eternal? ...or to overcome personal and individual limitations to become eternal? Does it seem possible that eternal "grows out of" mortal?
- 46. Are you willing to transform or communion your mortal self and life to eternal? ...what eternal would you choose? ...what eternal are you preparing?
- 47. Concern yourself solely with composed personal matters and you bind your self and life to personal mortality! ...concerning yourself solely with uncomposed eteranl matters and you bind your self and life to a meaningless eternal self and life! ...concern yourself with the communion of personal eternal and you free yourself to a meaningful eternal self and life!
- 48. Through you don't realize it, you are not learning growing developing ...or unfolding, you are struggling to recover from who you have chosen to be! ...and seeking relief from that self and life! ...or relief from who you have become! Does that explain many of the unusual events and actions in your past?
- 49. Of course, in this life, you are struggling against who you have become, or if you are seeking relief from yourself, it is obvious that you became who you are before this life!
- 50. Whatever you desire to be is, as an eternalbeing, who you already are, ...therefore, every effort to become who you already are is an effort to deny and overcome who you are!
- 51. In fact, you are struggling to present yourself eternally as you desire! ...from the very first moment of this life you have been presenting and trying yourself, rejecting, and trying again! ...of course, this looks a great deal like learning growing developing and unfolding, ...but it's not!

Pay attention to your eternalself and like!